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Stillman

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(54) **WATER CONTAINING SOLUBLE FIBER**

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patent is extended or adjusted under 35
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This patent is subject to a terminal dis-
claimer.

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now Pat. No. 7,238,380, which is a
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A23L 1/308 (2006.01)

(52) **U.S. Cl.**
USPC **426/66; 426/573; 426/650; 426/590**

(58) **Field of Classification Search**
USPC **426/573, 66, 650, 590**
See application file for complete search history.

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(57) **ABSTRACT**

A water-like fluid containing safe water and soluble dietary
fiber(s). The resulting solution is generally optically clear and
has physical properties similar to potable water. The fluid is
intended as a replacement for bottled, or other water, as a
means to ensure proper hydration. Depending on the soluble
fiber used the fluid is either non-caloric or extremely low in
calories. The amount of soluble fiber is adjusted to a specific
amount of water so that consumption of an adequate amount
of fluid ensures hydration. In one embodiment, a flavoring
may be added to the resulting solution.

20 Claims, No Drawings